

PERFORMANCE BASED CONTRACT MEASURES

OFFICE OF ADULT MENTAL HEALTH SERVICES (OAMHS)

CRISIS STABILIZATION

March 2012

Purpose:

To establish a set of performance measures that can be used for contracts that 1) focus on individuals receiving Crisis Stabilization services as a contracted service, and 2) provide a measure(s) that can transition to the Value Based Purchasing initiative for MaineCare funded Community Crisis Stabilization Services.

Why are the measures proposed important in assessing contractor performance?

The purpose of Crisis Stabilization services is to provide an individualized therapeutic intervention to a person during a psychiatric emergency to address mental health and/or co-occurring mental health and substance abuse conditions for a time-limited post crisis period, in order to stabilize the person's condition.

Source:

MaineCare Manual

Goal:

To provide crisis stabilization residential services that reduces the frequency of inpatient psychiatric admissions.

Proposed PBC Measures:

- X% of individuals will have no psychiatric hospitalization 30 days following the Crisis Stabilization Unit discharge.

Standards/Strategies:

- Short-term, highly supportive, and supervised residential setting where an individual in psychiatric crisis can become stabilized and readjust to community living.
- Monitoring of behaviors.
- Therapeutic interventions including medications.
- Supportive counseling.
- Coordination with other community-based services, and supervision to assure personal safety.
- Services are provided by MHRT I staff or above and are directly supervised by a qualified mental health professional.
- Providers of Crisis Stabilization Unit Services will adhere to the Crisis Services Standards.



Paul R. LePage, Governor

Department of Health
and Human Services

Maine People Living
Safe, Healthy and Productive Lives

Mary C. Mayhew, Commissioner